



**Mae Brechu yn achub bywydau**  
**Vaccination saves lives**



**GIG**  
**CYMRU**  
**NHS**  
**WALES**

**Iechyd Cyhoeddus**  
**Cymru**  
**Public Health**  
**Wales**

# Rhaglen frechu rhag yr eryr GIG Cymru

## Cymorth gweledol i Weithwyr Gofal Iechyd Proffesiynol

**Mae'r wybodaeth hon ar gyfer gweithwyr iechyd proffesiynol sy'n darparu Rhaglen frechu rhag yr eryr GIG Cymru**

### Beth sy'n newydd?

Ers mis Awst 2025, mae rhaglen brechu rhag yr eryr GIG Cymru wedi'i hymestyn i gynnwys:

- unigolion 18 oed a hŷn sy'n ddifrifol imiwnoataliedig.

Mae'r newid hwn yn seiliedig ar gyngor diweddar gan y **Cyd-bwyllgor ar Imiwneiddio a Brechu (JCVI)** <sup>(1)</sup>

Cyfeiriwch at **Gylchlythyr Iechyd Cymru** am fwy o fanylion am y newidiadau i'r rhaglen <sup>(2)</sup>

### Cefndir

O 1 Medi 2023 ymlaen, cyflwynodd y rhaglen:

1. y brechlyn Shingrix® i'r rhai sydd newydd ddod yn gymwys, a
2. newidiadau i'r oedran cymhwysedd

Roedd y newidiadau hyn yn seiliedig ar gyngor cynharach gan y **Cyd-bwyllgor ar Imiwneiddio a Brechu (JCVI)** <sup>(3)</sup>

**Gweler y tabl isod am drosolwg o gyflwyno'r rhaglen brechu rhag yr eryr yn raddol:**

Cyfnodau gweithredu	Hyd	Cymwys ar gyfer y dos cyntaf
<b>Cam Un</b>	1 Medi 2023 i 31 Awst 2028 (5 mlynedd)	Dylai'r rhai sy'n troi'n 65 neu'n 70 oed yn ystod y cyfnod hwn gael eu galw i mewn ar/ar ôl eu pen-blwydd yn 65 neu'n 70 oed*
<b>Cam Dau</b>	1 Medi 2028 i 31 Awst 2033 (5 mlynedd)	Dylai'r rhai sy'n troi'n 60 neu'n 65 oed yn ystod y cyfnod hwn gael eu galw i mewn ar/ar ôl eu pen-blwydd yn 60 neu 65*
<b>Cynnig arferol parhaus</b>	1 Medi 2033 ymlaen	Dylai'r rhai sy'n troi'n 60 oed gael eu galw i mewn ar/ar ôl eu pen-blwydd yn 60 oed*

\* mae'r rhai a ddaeth yn gymwys, ac a fethodd gael eu brechu, yn parhau'n gymwys tan eu pen-blwydd yn 80 oed.

**Rydym ar hyn o bryd yng ngham 1 y rhaglen frechu rhag yr Eryr.**

Cyfeiriwch at **Gylchlythyr Iechyd Cymru (2023) 024** am fwy o fanylion <sup>(4)</sup>

### Pryd ddylai unigolion cymwys gael y brechlyn?

**Dylid gwahodd unigolion sy'n gymwys i gael eu brechu.**

Mae'r tabl isod yn crynhoi'r unigolion sy'n gymwys ar gyfer y brechlyn eryr:

Oedran yr unigolyn	A yw'r unigolyn yn ddifrifol imiwnoataliedig?	Pryd fyddan nhw'n cael y brechlyn Shingrix®?	
		Dos 1af	2il ddos
<b>Wedi troi yn 65 neu 70 mlynedd^</b> (ar/ar ôl 1 Medi bob blwyddyn o 2023 i 2028)	Nac ydy	65 oed 70 oed	Rhwng 6 a 12 mis ar ôl y dos cyntaf
<b>71 - 79 oed nad ydynt wedi cael brechlyn yr eryr</b>	Nac ydy	Mae unigolion 70-79 oed yn gymwys tan eu pen-blwydd yn 80 oed^^	Rhwng 6 a 12 mis yn dilyn y dos cyntaf ^^^
<b>18 oed a hŷn (dim terfyn oedran uchaf)</b>	Ydy^^^^	Ar neu ar ôl eu pen-blwydd yn 18 oed	Rhwng 8 wythnos a 6 mis ar ôl y dos cyntaf ^^^^^

^ Os yw unigolyn eisoes yn 65 oed neu'n hŷn ond heb fod yn 80 oed eto yn ystod cam un, gall Practisiau Meddygon Teulu ddarparu'r brechlyn ar hap os yn bosibl.

^^ Mae pob unigolyn imiwnogymwys yn parhau i fod yn gymwys ar gyfer y brechlyn rhag yr eryr tan ei ben-blwydd yn 80 oed.

^^^ Pan fydd unigolyn wedi troi'n 80 oed ar ôl ei ddos cyntaf o Shingrix®, dylid darparu ail ddos cyn pen-blwydd yr unigolyn yn 81 oed er mwyn gwblhau'r cwrs.

^^^^ Crynhoir yr unigolion y dylid cynnig Shingrix® iddynt ymhlith y grŵp oedran hwn **ym mhennod 28a yn y Llyfr Gwyrdd - Eryr (herpes zoster)** (safle allanol, Saesneg yn unig).

^^^^^ Unwaith y bydd unigolion sydd ag imiwneidd gwan iawn wedi derbyn 2 ddos o Shingrix®, ni fydd angen eu hail-frechu.



Ffynhonnell y llun: [www.nhs.uk/conditions/shingles](http://www.nhs.uk/conditions/shingles) (Safle allanol, Saesneg yn unig)

**Mae Shingrix® yn frechlyn is-uned ailgyfunol sy'n cynnwys cyffur ategol (nad yw'n fyw) a roddir fel dau ddos.**



### Cyfeiriadau:

1. Datganiad y Cyd-bwyllgor ar Imiwneiddio a Brechu ar raglen brechu rhag yr eryr (herpes zoster) (2024): **JCVI statement on the shingles (herpes zoster) vaccination programme - GOV.UK** (safle allanol, Saesneg yn unig)
2. Cylchlythyr Iechyd Cymru (2025): **Ehangu'r rhaglen imiwneiddio rhag yr eryr i bobl rhwng 18 a 49 oed sy'n imiwnoataliedig iawn** (safle allanol)
3. Cofnodion cyfarfodydd JCVI (2019): [www.gov.uk/government/groups/joint-committee-on-vaccination-and-immunisation#minutes](http://www.gov.uk/government/groups/joint-committee-on-vaccination-and-immunisation#minutes) (safle allanol, Saesneg yn unig)
4. Cylchlythyr Iechyd Cymru (2023) 024 - Newidiadau i frechiadau yn erbyn yr eryr (o fis Medi 2023): <https://www.llyw.cymru/newidiadau-i-frechiadau-yn-erbyn-yr-eryr-whc2023024> (safle allanol)

### Rhagor o wybodaeth:

- Pennod 28a y Llyfr Gwyrdd: **Shingles (herpes zoster): the green book, chapter 28a - GOV.UK** (safle allanol, Saesneg yn unig)
- Iechyd Cyhoeddus Cymru - Gwybodaeth imiwneiddio a brechlyn ar gyfer y cyhoedd a gweithwyr iechyd proffesiynol: **Imiwneiddio a Brechlynnau - Iechyd Cyhoeddus Cymru**
- Shingrix® (Electronic Medicines Compendium UK) - Summary of product characteristics (SmPC): **Shingrix® (emc) (medicines.org.uk)** (safle allanol, Saesneg yn unig)
- Os hoffech archebu rhagor o gopiau o'r poster hwn neu unrhyw gyhoeddiadau imiwneiddio, ewch i: **Adnoddau Gwybodaeth Iechyd - Iechyd Cyhoeddus Cymru**



# NHS Wales shingles vaccination programme

## Visual aid for Healthcare Professionals

This information is for health professionals delivering the NHS shingles vaccination programme in Wales

### What's new?

Since August 2025, the NHS Wales shingles vaccination programme has been extended to include:

- severely immunosuppressed individuals aged 18 and over.

This change is based on recent

advice from the Joint Committee on

Vaccination and Immunisation (JCVI) <sup>(1)</sup>

Please refer to the Welsh Health Circular (2025) for further details on

the changes to the programme <sup>(2)</sup>

### Background

From 1 September 2023, the

programme introduced:

- the Shingrix<sup>®</sup> vaccine to those newly eligible, and
- changes to the age of eligibility.

These changes were based on earlier

advice from the JCVI <sup>(3)</sup>

Please see the table below for an

overview of the phased shingles

vaccination programme:

Implementation phases	Duration	Eligible for first dose
Phase One	1 Sept 2023 to 31 Aug 2028 (5 years)	Those turning 65 or 70 years during this period should be called in on/after their 65th or 70th birthday*
Phase Two	1 Sept 2028 to 31 Aug 2033 (5 years)	Those turning 60 or 65 years during this period should be called in on/after their 60th or 65th birthday*
Ongoing routine offer	1 Sept 2033 onwards	Those turning 60 years of age should be called in on/after their 60th birthday*

\* those that became eligible and missed out remain eligible until their 80th birthday.

We are currently in phase 1 of the Shingles vaccination programme.

Please refer to the Welsh Health Circular (2023) 024 for further details <sup>(4)</sup>

### When should eligible individuals receive the vaccine?

Individuals who are eligible should be invited for their vaccination.

The table below summarises the individuals eligible for the shingles vaccine:

Individual's age	Is the individual severely immunosuppressed?	When will they receive the Shingrix <sup>®</sup> vaccine?
Turned 65 years or 70 years <sup>v</sup> (on/after 1 September each year from 2023 to 2028)	No	Aged 65 years Aged 70 years
71 - 79 years who have not been given a shingles vaccine	No	Individuals aged 70 - 79 years are eligible until their 80th birthday <sup>vv</sup> Between 6 and 12 months following first dose <sup>vvv</sup>
18 years and over (no upper age limit)	Yes <sup>vvvv</sup>	On or after their 18th birthday Between 8 weeks and 6 months following first dose <sup>vvvvv</sup>

<sup>v</sup> If an individual is already 65 or older but not yet 80 during phase one, General Practices can provide the vaccine opportunistically if possible.

<sup>vv</sup> All immunocompetent individuals remain eligible for the shingles vaccine until their 80th birthday.

<sup>vvv</sup> Where an individual has turned 80 years of age following their first dose of Shingrix<sup>®</sup>, a second dose should be provided before the individual's 81st birthday to complete the course.

<sup>vvvv</sup> Individuals who should be offered Shingrix<sup>®</sup> amongst this age group are summarised in the Green Book chapter 28a - Shingles (herpes zoster) (external site).

<sup>vvvvv</sup> Once severely immunocompromised individuals have received 2 doses of Shingrix<sup>®</sup>, they will not require re-vaccination.



### References:

1. JCVI statement on the shingles (herpes zoster) vaccination programme (2024): [www.gov.uk/joint-committee-on-vaccination-and-immunisation#minutes](https://www.gov.uk/joint-committee-on-vaccination-and-immunisation#minutes) (external site)
2. Welsh Health Circular (2025): Expansion of shingles immunisation for severely immunosuppressed people aged 18 to 49. Minutes of JCVI meetings (2019): [www.gov.uk/government/groups/joint-committee-on-vaccination-and-immunisation#minutes](https://www.gov.uk/government/groups/joint-committee-on-vaccination-and-immunisation#minutes) (external site)
4. Welsh Health Circular (2023) 024: Change of vaccine and cohort expansion for shingles vaccination programme (from September 2023): [www.gov.wales/changes-shingles-vaccinations-september-2023-whc2023024](https://www.gov.wales/changes-shingles-vaccinations-september-2023-whc2023024) (external site)

### Further information:

- Green Book chapter 28a: Shingles (herpes zoster): the green book, chapter 28a - GOV.UK (external site)
- Public Health Wales - Immunisation and vaccine information for the public and health professionals: Immunisation and Vaccines - Public Health Wales
- Shingrix<sup>®</sup> (Electronic Medicines Compendium UK) - Summary of product characteristics (SmPC): Shingrix<sup>®</sup> (emc) ([medicines.org.uk](https://medicines.org.uk)) (external site)

• If you would like to order more copies of this poster or any immunisation publications, please visit: [Health Information Resources](https://www.gov.uk/health-information-resources) - Public Health Wales



Shingrix<sup>®</sup> is a recombinant adjuvanted (non-live) subunit vaccine, given as two doses.

Image source: [www.nhs.uk/conditions/shingles/](https://www.nhs.uk/conditions/shingles/) (external site)



Mae'r gwybodaeth hon ar gael yn Gymraeg. This information is available in Welsh.